

APRIL 2023

Hamilton County Elementary School

Hamilton County School District Food & Nutrition Services Hamilton County School District and USDA are Equal Opportunity Providers and Employers

Monday Tuesday Cereal/Cookie **Texas Toast** Muffin Breakfast Sandwich Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit Variety Low-Fat Milk Variety Low-Fat Milk Variety Low-Fat Milk Variety Low-Fat Milk Friday Donut Sticks Mini Pancakes **Donut Bites** Eggo Mini Waffle Cereal/Cookie Assorted Fresh Fruit Assorted Fruit Assorted Fresh Fruit Assorted Fresh Fruit **Assorted Fruit** Variety Low-Fat Milk **Texas Toast Breakfast Muffins** Breakfast Sandwich Breakfast Pizza Cereal/Cookie Assorted Fresh Fruit Variety Low-Fat Milk Variety Low-Fat Milk Variety Low-Fat Milk Variety Low-Fat Milk Variety Low-Fat Milk

April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would

