



Menus are Subject to Change

MARCH 2022

Hamilton County Elementary School

Hamilton County School District Food & Nutrition Services
Hamilton County School District and USDA are
Equal Opportunity Providers and Employers

Monday

National School Breakfast Week
March 7-11, 2022
Take off With Breakfast

Cereal
Crackers
Assorted Fruit
Variety Low-Fat Milk

7

Cereal
Crackers
Assorted Fruit
Variety Low-Fat Milk

14

Cereal
Crackers
Assorted Fruit
Variety Low-Fat Milk

21

Cereal
Crackers
Assorted Fruit
Variety Low-Fat Milk

28

Tuesday

WG Breakfast Bun
Assorted Juice
Variety Low-Fat Milk

1

WG Breakfast Bun
Assorted Juice
Variety Low-Fat Milk

8

WG Breakfast Bun
Assorted Juice
Variety Low-Fat Milk

15

WG Breakfast Bun
Assorted Juice
Variety Low-Fat Milk

22

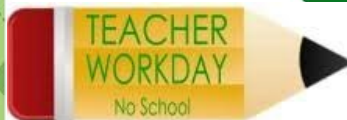
WG Breakfast Bun
Assorted Juice
Variety Low-Fat Milk

29

Wednesday

Mini Pancake
Assorted Fruit
Variety Low-Fat Milk

2



9

Mini Pancake
Assorted Fruit
Variety Low-Fat Milk

16

Mini Pancake
Assorted Fruit
Variety Low-Fat Milk

23

Mini Pancake
Assorted Fruit
Variety Low-Fat Milk

30

Thursday

Breakfast Cinnamon Bun
Assorted Juice
Variety Low-Fat Milk

3

Pancake Sausage Sandwich
Assorted Juice
Variety Low-Fat Milk

10

Breakfast Cinnamon Bun
Assorted Juice
Variety Low-Fat Milk

17

Pancake Sausage Sandwich
Assorted Juice
Variety Low-Fat Milk

24

Breakfast Cinnamon Bun
Assorted Juice
Variety Low-Fat Milk

31

Friday

Eggo Mini Waffles
Assorted Fruit
Variety Low-Fat Milk

4

Breakfast Pizza
Assorted Fruit
Variety Low-Fat Milk

11

Eggo Mini Waffle
Assorted Fruit
Variety Low-Fat Milk

18

Breakfast Pizza
Assorted Fruit
Variety Low-Fat Milk

25



Nutrition Tip: March is National Nutrition Month! To celebrate, try getting more creative in the kitchen and trying a new recipe or cuisine you haven't had before.

References: Academy of Nutrition & Dietetics

