

AUGUST 2016

Hamilton County Elementary Schools Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10 Hamburger or Cheese Burger Potato Smiles Lettuce/Tomato Fresh Fruit Chilled Low-Fat Milk	11 BBQ Chicken on Bun Tater Tots Whole Kernel Corn Romaine Salad/Dressing Chilled Fruit Chilled Low-Fat Milk	12 Fish Sandwich Baked Beans Macaroni & Cheese Chilled Fruit Chilled Low-Fat Milk
15 Spaghetti w/Meat Sauce WG Bread Stick Romaine Salad w/Low- fat Dressing Corn on Cob Fresh Fruit Chilled Low-Fat Milk	16 Ham & Potato Cheese Casserole or Baked Ham w/ Mashed Potatoes/Gravy Steamed Broccoli Yeast Roll Fresh Fruit Chilled Low-Fat Milk	17 Meat Loaf Mashed Potatoes Green Peas WG Yeast Rolls Fresh Fruit Chilled Low-Fat Milk	18 Beef Tacos or Chicken Fajitas w/Fixins Refried Beans Mexicali Rice Fresh Fruit Chilled Low-Fat Milk	19 WG Cheese Pizza Romaine Salad /LF Dressing Whole Kernel Corn Fresh Fruit Chilled Low-Fat Milk
22 Hamburger or Cheese Burger Potato Smiles Lettuce/Tomato Fresh Fruit Chilled Low-Fat Milk	23 Chicken Stir Fry w/Rice or Pork Roast w/Rice Vegetable Medley Romaine Salad/Dressing Chilled Fruit Chilled Low-Fat Milk	24 Salisbury Steak/Gravy Mashed Potatoes Green Beans WG Yeast Roll Chilled Fruit	25 Baked Chicken Turnip Greens Steamed Rice/Gravy Cornbread Fresh Fruit Chilled Low-Fat Milk	26 Hot Dog on Bun or Chili Dog Baked Beans Cole Slaw Fresh Fruit Chilled Low-Fat Milk
29 Lasagna WG Bread Stick Romaine Salad w/Low- fat Dressing Corn on Cob Fresh Fruit Chilled Low-Fat Milk	30 Ham & Potato Cheese Casserole or Baked Ham w/ Mashed Potatoes/Gravy Steamed Broccoli Yeast Roll Fresh Fruit Chilled Low-Fat Milk	31 Meat Loaf Mashed Potatoes Green Peas WG Yeast Rolls Fresh Fruit Chilled Low-Fat Milk	Beef Tacos or Chicken Fajitas w/Fixins Refried Beans Mexicali Rice Fresh Fruit Chilled Low-Fat Milk	WG Cheese Pizza Romaine Salad /LF Dressing Whole Kernel Corn Fresh Fruit Chilled Low-Fat Milk

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