

Monday

Tuesday

Wednesday

Thursday

Friday

Spring Break Week

1
Spaghetti W/Meatballs
WG Bread Stick
Whole Kernel Corn
Assorted Fruit
Variety Low-Fat Milk

2
BBQ Pull Pork/WG Bun
Potato Tots
Vegetable Melody/Dressing
Side Kicks
Variety Chilled Low-Fat Milk

3
Oven Roasted Chicken
Lima Beans
Steamed Brown Rice/Gravy
WG Cornbread
Assorted Fruit
Variety Low-Fat Milk

4
Sliced Ham
Mash Potato/Gravy
Green Beans/Yeast Rolls
Assorted Fruit
Variety Low-Fat Milk

5
Corn Dog
Baked Beans
Vegetable Melody/Dressing
Assorted Fruit
Variety Low-Fat Milk

8
Hamburger or
Cheeseburger WG Bun
Romaine Lettuce/Tomato
Sweet Potato Fries
Assorted Fruit
Variety Low-Fat Milk

9
Ham/Potato/Cheese
Casserole
Steamed Broccoli/Yeast Roll
Side Kicks
Variety Low-Fat Milk

10
Hot Dog/WG Bun
Baked Beans
Vegetable Melody/Dressing
Assorted Fruit
Variety Low-Fat Milk

11
Meatloaf
Mash Potato/Gravy
Green Beans/Yeast Rolls
Assorted Fruit
Variety Low-Fat Milk

12
Field Day


15
Spaghetti W/Meatballs
WG Bread Stick
Romaine Salad/Dressing
Assorted Fruit
Variety Low-Fat Milk

16
BBQ Pull Pork/WG Bun
Potato Tots
Vegetable Melody/Dressing
Side Kicks
Variety Chilled Low-Fat Milk

17
Chicken Sandwich
on WG Bun
Sweet Potato Fries
Baked Beans
Assorted Fruit
Variety Low-Fat Milk

18
Sliced Ham
Mash Potato/Gravy
Green Beans/Yeast Rolls
Assorted Fruit
Variety Low-Fat Milk

19
Pepperoni or Cheese Pizza
Whole Kernel Corn
Romaine Salad/Dressing
Assorted Fruit
Variety Chilled Low-Fat Milk

22
Hamburger or
Cheeseburger WG Bun
Romaine Lettuce/Tomato
Sweet Potato Fries
Assorted Fruit
Variety Low-Fat Milk

23
Ham/Potato/Cheese
Casserole
Steamed Broccoli/Yeast Roll
Side Kicks
Variety Low-Fat Milk

24
Hamburger or
Cheeseburger WG Bun
Romaine Lettuce/Tomato
Sweet Potato Fries
Assorted Fruit
Variety Low-Fat Milk

25
Ham/Potato/Cheese
Casserole
Steamed Broccoli/Yeast Roll
Side Kicks
Variety Low-Fat Milk

26
Hamburger or
Cheeseburger WG Bun
Romaine Lettuce/Tomato
Sweet Potato Fries
Assorted Fruit
Variety Low-Fat Milk

29
Hamburger or
Cheeseburger WG Bun
Romaine Lettuce/Tomato
Sweet Potato Fries
Assorted Fruit
Variety Low-Fat Milk

30
Hamburger or
Cheeseburger WG Bun
Romaine Lettuce/Tomato
Sweet Potato Fries
Assorted Fruit
Variety Low-Fat Milk

30
Hamburger or
Cheeseburger WG Bun
Romaine Lettuce/Tomato
Sweet Potato Fries
Assorted Fruit
Variety Low-Fat Milk

30
Hamburger or
Cheeseburger WG Bun
Romaine Lettuce/Tomato
Sweet Potato Fries
Assorted Fruit
Variety Low-Fat Milk

30
Hamburger or
Cheeseburger WG Bun
Romaine Lettuce/Tomato
Sweet Potato Fries
Assorted Fruit
Variety Low-Fat Milk

April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would

work well) and move them outside to a patio or garden plot when the weather allows.



Menus are subject to change