



# APRIL 2023

## Hamilton County Elementary School

Hamilton County School District Food & Nutrition  
Services  
Hamilton County School District and USDA are  
Equal Opportunity Providers and Employers

Menus are subject to change

Monday

Hamburger/Cheeseburger **3**  
Sweet Potato Fries/Romaine  
Salad/Tomato/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Tuesday

Ham/Potato/Cheese **4**  
Casserole  
Green Beans/WG Rolls  
Cool Tropic  
Variety Low-Fat Milk

Wednesday

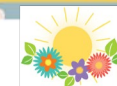
WG Chicken Nuggets **5**  
Baked Beans/Potato Fries  
Veggie Melody/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Thursday

**6**  
*Early Dismissal*



Friday



**7**  
Good

Friday

**10**

# Spring Break Week

**11**

**12**

**13**

**14**

Spaghetti W/Meat Sauce **17**  
WG Breadsticks  
Romaine Salad/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Pepperoni or Cheese Pizza **18**  
Whole Kernel Corn/Romaine  
Salad/Tomato/Dressing  
Assorted Fruit  
Variety Low-Fat Milk

Oven Roasted Chicken **19**  
Lima Beans/Cornbread  
Steamed Rice/Gravy  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Sliced Ham **20**  
Mash Potato/Gravy  
Green Beans/WG Rolls  
Assorted Fruit  
Variety Low-Fat Milk

Corn Dog **21**  
Baked Beans  
Veggie Melody/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Hamburger/Cheeseburger **24**  
Sweet Potato Tots/Romaine  
Salad/Tomato/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Ham/Potato/Cheese **25**  
Casserole  
Steamed Broccoli/Yeast Rolls  
Cool Tropic  
Variety Low-Fat Milk

WG Chicken Nuggets **26**  
Baked Beans/Potato Logs  
Veggie Melody/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Meatloaf **27**  
Mash Potato/Gravy  
Green Beans/Yeast Rolls  
Assorted Fruit  
Variety Low-Fat Milk

Pepperoni or Cheese Pizza **28**  
Whole Kernel Corn/Romaine  
Salad/Tomato/Dressing  
Assorted Fruit  
Variety Low-Fat Milk

**April is National Garden Month.** Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would

work well) and move them outside to a patio or garden plot when the weather allows.

