



Menus are Subject to Change

# MARCH 2023

Hamilton County Elementary School

Hamilton County School District  
Food & Nutrition Services  
Hamilton County School District and USDA are  
Equal  
Opportunity Providers and Employers

Monday

Tuesday

Wednesday

Thursday

Friday



Hamburger or  
Cheeseburger  
Potato Tots/Lettuce/Tomato  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Ham/Potato/Cheese  
Casserole  
Green Beans/Yeast Rolls  
Cool Tropic  
Variety Low-Fat Milk

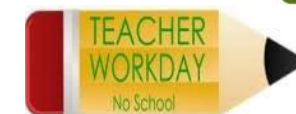
WG Chicken Nuggets ABC  
Potato Fries  
Fresh Salad/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

**BREAKFAST FOR LUNCH**  
Breakfast Sausage  
Grits/Scrambled Eggs  
Biscuit  
Assorted Fruit  
Variety Low-Fat Milk

Green Eggs & Ham  
Grits/Hash Brown Potatoes  
Biscuit  
Assorted Fruit  
Variety Chilled Low-Fat Milk

**BREAKFAST FOR LUNCH**  
Waffles/Chicken Strips  
Sweet Potato Fries  
Assorted Fruit  
Variety Low-Fat Milk

Corn Dog  
Baked Beans  
Broccoli and Carrots/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk



Spaghetti W/Meat Sauce  
Breadstick  
Romaine Salad/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

BBQ Pulled Pork Sandwich  
Sweet Potato Puff  
Romaine Salad/Dressing  
Cool Tropic  
Variety Chilled Low-Fat Milk

Oven Roasted Chicken  
Lima Beans/Cornbread  
Steamed Rice/Gravy  
Assorted  
Variety Chilled Low-Fat Milk

Sliced Ham  
Mash Potato/Gravy  
Green Beans/Yeast Rolls  
Assorted Fruit  
Variety Low-Fat Milk

Corn Dog  
Baked Beans  
Broccoli and Carrots/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Hamburger or  
Cheeseburger  
Potato Tots/Romaine/Tomato  
Assorted Fruit  
Variety Chilled Low-Fat Milk

Ham/Potato/Cheese  
Casserole  
Steamed Broccoli/Yeast Rolls  
Cool Tropic  
Variety Low-Fat Milk

Mandarin Orange Chicken  
Steamed Rice/Spring Rolls  
Stir Fry Vegetables  
Assorted  
Variety Chilled Low-Fat Milk

Meatloaf  
Mash Potato/Gravy  
Green Beans/Yeast Rolls  
Assorted Fruit  
Variety Low-Fat Milk

Pepperoni or Cheese Pizza  
Whole Kernel Corn  
Romaine Salad/Dressing  
Assorted Fruit  
Variety Low-Fat Milk

Spaghetti W/Meat Sauce  
Breadstick  
Romaine Salad/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

BBQ Pulled Pork Sandwich  
Sweet Potato Puffs  
Romaine Salad/Dressing  
Cool Tropic  
Variety Chilled Low-Fat Milk

Oven Roasted Chicken  
Lima Beans/Cornbread  
Steamed Rice/Gravy  
Assorted  
Variety Chilled Low-Fat Milk

Sliced Ham  
Mash Potato/Gravy  
Green Beans/Yeast Rolls  
Assorted Fruit  
Variety Low-Fat Milk

Corn Dog  
Baked Beans  
Broccoli and Carrots/Dressing  
Assorted Fruit  
Variety Chilled Low-Fat Milk

*National School Breakfast Week*

March 6-10, 2023

**DIG INTO SCHOOL BREAKFAST**